



Welcome to the Crazy 88 Summer Camp!

Dear Parents,

We are very excited your child will be joining us this year for camp! Here are a few critical details you need to know before sending your child to camp.

Food Guidelines for Campers

We're excited to ensure your child has a safe, fun, and energizing experience at camp! To help everything run smoothly, please review our food guidelines below:

Nut-Free Zone

For the safety of all our campers, we kindly ask that you avoid packing any food items containing nuts. There are many great alternatives like Sun Butter, Wow Butter, Cookie Butter, or Fluff that your child might enjoy!

Non-Perishable Lunches Only

Since we do not have access to a refrigerator or microwave, please pack a non-perishable lunch for your child. Using ice packs or insulated thermoses can help keep their food fresh and at the right temperature. Pro tip: Pre-warm thermoses with hot water for a few minutes to keep food warm even longer!

Extra Fuel for Active Days

Our camp days are packed with high-energy activities, so we encourage you to send more food than your child might typically eat. We schedule time for a morning snack, lunch, and an afternoon snack to keep energy levels high and crankiness at bay. Unfortunately, we're unable to provide food for campers, so be sure to pack enough to cover their needs.

Kid-Friendly Containers

Please pack food in containers or packaging that your child can easily open on their own. While our coaches are happy to assist when needed, it helps everyone if children can manage their meals independently during busy meal times.

Optional Vending Machine Access

We have a vending machine at the facility with snacks and beverages. If you'd like, you can send your child with a few extra dollars (no bills larger than \$5) to supplement their lunch. Vending purchases will not be permitted before lunchtime. Please note that the vending machine occasionally malfunctions, so it's always best to pack enough food.

Encouraging Healthy Eating Habits

Our team does its best to ensure campers eat during meal times, but we understand that not every child will eat at every scheduled time. We never deny snacks to a hungry child outside of mealtime, and we're happy to follow up if you have any concerns about your child's eating habits. However, we ask families to keep in mind that campers, ages 6-13, are responsible for recognizing when they're hungry and eating accordingly. A quick check in the morning to ensure your child has their lunch box and other essentials will go a long way in helping us have a smooth and successful camp day. Thank you for your cooperation!

Sunscreen Policy

To ensure the safety and comfort of all campers, we ask that each child brings their own sunscreen that is suitable for their skin type. Spray sunscreen is highly recommended, as it allows our coaches to assist with application when needed. Please apply sunscreen before camp every day. It will significantly reduce the load on the campers as we will do reapplications every 2 hours while outside. Unless you know we are not going outside (extreme weather warnings I will text/email out before each day).

Equipment Policy

We cannot stress enough the importance of packing all items listed on our Daily Backpack Checklist (found on page 3 of the Information Packet). Being fully prepared helps us adapt smoothly to unexpected changes in weather, attendance, or even the kid's desires.

Gi Requirements: If your child does not already have a gi, one can be purchased at the facility prior to the start of camp. Please ensure this is taken care of ahead of time, as coaches are not authorized to handle sales during camp hours.

Your attention to these details helps us provide a safe, fun, and well-organized experience for everyone. Thank you so much for taking the time to review these policies. If you have any questions or concerns, please don't hesitate to reach out. We're always here to help!

Best regards,



Coach Vanessa Griffin